

# MAY

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
			<b>1</b> * 5:15am Cycling - Amy 8:30am Silver Sneakers - Cathy * 4:30pm Pump - Karen 5:30pm Yoga - Jodi	<b>2</b> * 5:15am Pump -Kelly 8:00am Silver Sneakers - Cathy 4:30pm Yoga STRONG - Jodi	<b>3</b> 5:15am Yoga - Dr Kerry 8:30am Silver Sneakers - Robyn	
<b>5</b>	<b>6</b> * 5:15am Cycling - Amy 8:30am Silver Sneakers - Robyn * 4:30pm Pump - Kelly * 5:30pm Cycling - Karen	<b>7</b> * 5:15am Pump - Kelly 8:00am Silver Sneakers - Cathy 4:30pm Yoga STRONG - Jodi	<b>8</b> * 5:15am Cycling - Amy 8:30am Silver Sneakers - Cathy * 4:30pm Pump - Karen 5:30pm Yoga - Jodi	<b>9</b> * 5:15am Pump -Kelly 8:00am Silver Sneakers - Cathy	<b>10</b> 5:15am Yoga - Jodi 8:30am Silver Sneakers - Robyn	<b>11</b>
<b>12</b>	<b>13</b> * 5:15am Cycling - Amy 8:30am Silver Sneakers - Robyn * 4:30pm Pump - Kelly * 5:30pm Cycling - Karen	<b>14</b> * 5:15am Pump - Kelly 8:00am Silver Sneakers - Cathy 4:30pm Yoga STRONG - Jodi	<b>15</b> * 5:15am Cycling - Amy 8:30am Silver Sneakers - Cathy * 4:30pm Pump - Karen 5:30pm Yoga - Jodi	<b>16</b> * 5:15am Pump -Kelly 8:00am Silver Sneakers - Cathy 4:30pm Yoga STRONG - Jodi	<b>17</b> 5:15am Yoga - Dr. Kerry * 5:15am \$TRX - Kelly L. 8:30am Silver Sneakers - Robyn	<b>18</b>
<b>19</b>	<b>20</b> * 5:15am Cycling - Amy 8:30am Silver Sneakers - Robyn * 4:30pm Pump - Kelly	<b>21</b> * 5:15am Pump - Kelly 8:00am Silver Sneakers - Cathy 4:30pm Yoga STRONG - Jodi	<b>22</b> * 5:15am Cycling - Amy 8:30am Silver Sneakers - Cathy * 4:30pm Pump - Karen 5:30pm Yoga - Jodi	<b>23</b> * 5:15am Pump -Kelly 8:00am Silver Sneakers - Cathy	<b>24</b> 5:15am Yoga - Dr. Kerry 8:30am Silver Sneakers - Robyn	<b>25</b>
<b>26</b>	<b>27</b> Memorial Day No Classes	<b>28</b> * 5:15am Pump - Kelly 8:00am Silver Sneakers - Cathy 4:30pm Yoga STRONG - Jodi	<b>29</b> * 5:15am Cycling - Amy 8:30am Silver Sneakers - Cathy * 4:30pm Pump - Karen 5:30pm Yoga - Jodi	<b>30</b> * 5:15am Pump -Kelly 8:00am Silver Sneakers - Cathy 4:30pm Yoga STRONG - Jodi	<b>31</b> 5:15am Yoga - Dr. Kerry * 5:15am \$TRX - Kelly L. 8:30am Silver Sneakers - Robyn	<b>1</b>
<p><b>Notes: Please *register* on <a href="http://Biancosfitness.com">Biancosfitness.com</a> to save your spot for Pump, Cycling, or TRX.</b></p> <p>\$ indicates that class is an extra fee, not included with your membership.</p> <p><b>Bianco's Fitness Center is available 24/7. Visit during staffed hours to purchase an access card.</b></p> <p>Please follow all fitness center rules during both staffed and non staffed hours.</p>						